

## SUGGESTED PACKING LIST

ALL ITEMS MUST BE CLEARLY MARKED WITH CAMPERS NAME

- 10 pr. underwear
- 10 pr. socks
- 2 pr. pants
- 5 pr. athletic shorts
- 2 pr. other shorts
- 6 T-shirts
- 2 bathing suits (females 1 piece)
- 2 sweatshirts
- 2 pr. sweatpants
- 1 rain jacket
- 1 windbreaker
- 2 pr. pajamas
- 4 bath towels
- 2 beach towels
- electric razor (males)
- 2-3 pr. sneakers
- **1 pr. water shoes or old sneakers**
- 1 pillow
- 1 blanket or sleeping bag
- laundry bag
- insect repellent
- sunscreen
- flashlight with new batteries
- soap/soap dish
- toothpaste/toothbrush
- deodorant
- shampoo/cream rinse
- personal hygiene items

ADDITIONAL CAMPER ITEMS (sports equipment if you have it)

- softball glove
- soccer shin guards
- cleats
- basketball sneakers
- swim goggles

### **PACKING CAMPER MEDICATION:**

MEDICATION SHOULD BE PACKED IN ORIGINAL BOTTLES. CLEAR LEGIBLE PHARMACY LABELS WITH CAMPER NAME, NAME OF MEDICATION AND DOSE SHOULD BE ON ALL PRESCRIPTION MEDICATIONS. OVER THE COUNTER MEDICATIONS SHOULD HAVE THE CAMPERS NAME CLEARLY INDICATED ALONG WITH WHEN AND WHY THE CAMPER GETS THE MEDICATION.